

Blue Valley Behavioral Health
Community Support Referral Form

Consumer Name: _____

Consumer Phone #: _____ SSN: _____ Date of birth: _____

Current Address: _____

City: _____ State: _____ Zip: _____

Referral Date: _____ Referral Source: _____

Agency: _____

Insurance: Medicaid (MRO) Non Medicaid* (Non MRO) Medicaid # _____

Diagnosis*: _____
(DSM5 #) (Written Diagnosis)

** Diagnosis must be a SPMI (Bi-Polar, Schizophrenia, Schizoaffective, Major Depression, etc.)*

In order to be eligible for the Community Support Program, an individual must have functional limitations in **two of three** life skills areas. Please check appropriate limitations:

Vocational/Educational Social Skills and abilities Activities of Daily Living (ADLs)

Activities of Daily Living (ADL). ADLs are defined as an inability to consistently perform the range of practical daily living tasks required for basic adult functioning in the community. Consumer must have functional limitations in three of the five ADL areas listed below. Please check all that apply (if "other" is marked, please describe in Comments):

- Grooming, hygiene, washing of clothes and meeting nutritional needs
 grooming hygiene laundry nutrition other
- Care of personal business affairs
 personal business matters finances day structure other
- Transportation and care of residence
 transportation need care of residence other
- Procurement of medical, legal, and housing services, medication management
 medical legal housing med management other
- Recognition and avoidance of common dangers or hazards to self and possessions
 self neglect self mutilation creates dangerous situation other

Comments: _____

**** NOTE:** For referrals in our rural service areas, please submit the completed referral form to Kim Scrivner (kscrivner@bvbh.net). For referrals in the Lincoln area, please send the form to Mitchell Mansur (mmansur@bvbh.net).

Community Support Information Sheet

What is Community Support? The Community Support Program is a recovery based rehabilitative service program for adults (age 19 and older) diagnosed with a *Severe and Persistent Mental Illness (SPMI)*. A SPMI includes but is not limited to: Bipolar Disorder, Major Depression Disorder, Schizophrenia and Schizoaffective Disorder. In addition, a SPMI is verified through its existence over a 12-month period or is expected to last 12 months or longer and will result in a degree of limitation that seriously interferes with the individual's ability to function independently in an appropriate manner in two or three functional areas:

Educational/Vocational, Social Skills and Activities of Daily Living (grooming, hygiene, nutritional, caring of personal business affairs, transportation, procurement of medical, legal and housing services or avoiding/recognizing commons dangers to self and possessions).

Community Support provides service coordination and case management activities, including coordination or assistance in accessing medical (including medication compliance), social, education and housing services, transportation or other appropriate support services as well as linkage to other community services on a continual basis. In addition, Community Support provides authorized contact as needed with other service/treatment providers, client family members and/or other significant people in the individual's life to facilitate communication necessary to support and maintain community living. Community Support is provided on a one to one basis and may involve 3-6 hours of monthly contact, based on the appropriate payer source.

What can I expect from Community Support? Community Support is designed to decrease the occurrence, frequency and/or duration of (re)hospitalization or preventing a higher level of care due to the effects of a SPMI. A recovery based design drives Community Support services. Efforts are directed toward improving the individual's ability to make informed decisions and experiencing increased daily functioning. Community Support is designed to enable access to appropriate services and support necessary in making the transition to and/or maintaining independent living. Community Support also provides individualized rehabilitation and support training to improve the ability to function within a private residence or community living environment. Transportation is a part of the Community Support Program however; it is provided only as a supplement to existing Community Support service and when other transportation options are not available.

How do I start Community Support? If you are interested in obtaining Community Support services, a Mental Health Assessment (Diagnostic Interview) will need to be completed by one of Blue Valley Behavioral Health's licensed mental health therapists. This Assessment will determine if the necessary diagnostic and functional criteria are present to qualify for Community Support. Please contact one of the nearest Blue Valley Behavioral Health's offices located on the back of this brochure to schedule a Mental Health Assessment.

How do I pay for Community Support? Community Support is covered by either Medicaid (Total Care, United Health Care, Healthy Blue) or Region 5 Systems (Nebraska Division of Behavioral Health). Community Support is not covered by other private health insurance carriers. If you are on Medicaid, you will need to provide your current Medicaid Card (Heritage Health Provider) at the time of your Mental Health Assessment. If you have a private health insurance carrier or have no health insurance coverage, Community Support services would be reimbursed through Region 5 Systems (based on meeting the qualifying criteria).

How do I know when I am ready to be discharged from Community Support? Discharge planning begins during the Assessment process when a person initially starts Community Support. The length of stay in Community Support varies and is dependent upon the person attaining maximum benefit in terms of functioning independently without continued rehabilitative/supportive services. This is primarily defined in the individual's Treatment Plan. Discharge planning is reviewed throughout the course of services and modified as to the behavioral health needs associated with the recovery from a SPMI. Discharge from Community

Support may occur for other reasons such as noncompliance, a higher level of care is necessary or if the individual has moved outside of the service area. The successful completion of Community Support services is the intended goal with referrals to alternative services as needed.

For any additional information, please contact the local Blue Valley Behavioral Health office, the Community Support Director (Kim Scrivner at 402-228-3386, kscrivner@bvbh.net), or the Lincoln-Community Support Coordinator (Mitchell Mansur at 402-261-4017, mmansur@bvbh.net).

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